



# African Union 2022 Year of Nutrition: Strengthening Resilience in Nutrition and Food Security on the African Continent

## Nutrition and Food Security Dialogue Series

Organized by AKADEMIYA2063 and the Senegalese National Council  
for Nutrition Development (CNDN)

### Dialogue #4:

### “Africa’s Rapid Urbanization and Growing Middle Class: Challenges and Opportunities to Achieving Healthier Diets and Optimal Nutrition”

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🕒 Thursday October 6, 2022

📅 13:00–14:30 GMT

Welcome and Opening Remarks [15 mins]

13:00 – 13:15 (GMT)

Moderator:

**Dr. Aisha Musaazi Sebunya Nakitto**, Dean and Senior Lecturer, Faculty of Health Sciences, Victoria University, Kampala, Uganda

- **Dr. Ousmane Badiane**, Executive Chairperson, AKADEMIYA2063
- **Ms. Estherine Lisinge-Fotabong**, Director of Program Innovation and Planning, Africa Union Development Agency (AUDA-NEPAD)

Keynote Presentation:

Africa’s Rapid Urbanization and Growing Middle Class: Challenges and Opportunities to Achieving Healthier Diets and Optimal Nutrition [15 mins]

13:15 – 13:30 (GMT)

- **Prof. Amos Laar**, Department of Population, Family and Reproductive Health, University of Ghana

Panel Discussion [40 mins]

13:30 – 14:10 (GMT)

Panelists:

- **Dr. Paulina Addy**, Director, Women in Agricultural Development Directorate, Ministry of Food and Agriculture, Ghana
- **Dr. John Ulimwengu**, Senior Research Fellow, International Food Policy Research Institute (IFPRI)
- **Mr. Pierre Ndiaye**, Director General, Mamelles Jaboot, Senegal
- **Prof. Amos Laar**, Department of Population, Family and Reproductive Health, University of Ghana

General Discussion [15 mins]

14:10 – 14:25 (GMT)

Closing Remarks [5 mins]

14:25 – 14:30 (GMT)

- **Ms. Aminata Diop Ndoye**, Executive Secretary, National Council for Nutrition Development, Senegal